



**FIRST  
FCALL**   
*Home Health Care*  
 WHEN THE CHOICE MATTERS

**First Call's Vision**

We believe in a holistic approach to care valuing each person's physical, emotional and spiritual needs, bringing this unique approach to each person we serve. By using a holistic approach, we are able to be a positive force creating lasting change in our patient's lives.

**First Call's Mission**

To hire and retain the best health care professionals and invest time and resources in their professional and personal development. We take care of our employees so that they can give the highest quality care to each patient we serve.

**First Call is a Locally Owned and Operated Company**

We have been providing home health services in the Salem area since 2002.

**First Call is Medicare and Medicaid Certified**

We are members of the National Association (NAHC) and the Oregon Association of Home Care (OAHC).

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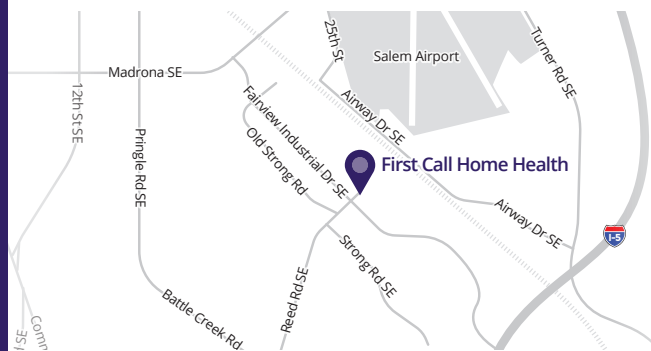


Marion, Polk & Yamhill:  
**503.371.4567**

Linn & Benton:  
**541.753.2273**

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 Salem, Oregon 97302  
 Fax: 503.371.4569

[FirstCallHomeHealth.com](http://FirstCallHomeHealth.com)



*Locally Owned and Operated.  
 A Company you can Trust!*



*Healthy, Happy  
 and Home*

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## Doctor Ordered Home Health Care

Recovering from surgery, illness, or living with an on-going condition; our **skilled medical team** is ready to help you regain your independence as quickly as possible.

### We provide...

- ♥ Skilled Nursing Care
- ♥ Physical Therapy
- ♥ Occupational Therapy
- ♥ Speech Therapy
- ♥ Medical Social Worker
- ♥ Home Health Aide
- ♥ Transition Coaches
- ♥ Lifeline



First Call provides the **highest quality** and **most comprehensive** care available. We work closely with you, your family and physician, to develop a plan of care meeting your needs. We look forward to serving you.

- ♥ Nursing Services
  - Chronic Disease Management
  - Diabetic Management
  - CHF Management
  - Patient/Caregiver Teaching
  - IV Infusion & Site Management
  - Ostomy Care
- ♥ Wound Care
  - Assessing & Monitoring
  - Dressing Changes
  - Wound Vac Management
  - Debridement/by PT Wound Care Specialist
- ♥ Rehab Services
  - Orthopedic Rehabilitation
  - Cardiopulmonary Rehabilitation
  - Stroke Rehabilitation
  - Balance/Weakness Therapy
  - Teaching Safety Techniques
  - Teaching Independence in Self Care
  - Energy Management- Daily Living Skills
  - Adaptive Equipment Recommendations
  - Swallowing Difficulties
  - Communication Skills
- ♥ Assistance with Community Resources and Long Term Planning
- ♥ Lifeline Provider



## In Home Personal Care

Whether you need Personal Care assistance 24/7 or just a few hours, our office is here to help. Service options are flexible and customizable and our **professionally trained caregivers** are ready to help.

### We provide...

- ♥ Medication Assistance
- ♥ Bathing & Dressing
- ♥ Grooming & Hygiene
- ♥ Toileting/Incontinence Care
- ♥ Nutrition & Hydration
- ♥ Companionship
- ♥ Laundry
- ♥ Shopping Errands
- ♥ Lifeline
- ♥ Meal Preparation
- ♥ Transportation
- ♥ And More!

